



## Aquaware Intent Index

### INTENTS I

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- **Human Potential**

### Bathing & Showering

- Abdominal Gas – gas and bloating
- Acne – cell regeneration, chemical normalization, cleanse, open pores
- Adventurer & Athletic Performance – increase energy, strength, speed, endurance, healing & decrease fear + protection against physical danger
- ADD – intensity and duration of attention
- ADHD – calm intensity and duration of attention
- Allergies – symptoms and causations
- Arthritis – symptoms and causations
- Bipolar – nervous system balancing, polarity equalizing
- Black Heads Removal – on any part of the body – Gone
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- Diarrhea – bowel function normalization, symptoms and causations
- Eczema – skin deficiency, allergy disorders
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- Flu – symptoms and causations
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- Hair loss – hair follicles, genetic inheritance, new growth
- Hangover – symptom(s) rehab
- Headache – balance the imbalances, physical/stress/allergy
- Hearing – dynamics of ear function

- Hemorrhoids – ballooned vessels/pockets/inflamations
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- Stress – reduce/reverse stress components and reactions
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- Warts – it's a viral hosting issue that calls for management
- Yeast (too much) – acid/alkali balance
- Youth, Energy and Vitality – feel on top of the world

# Human Potential

- Abandonment – banish the fear, get rid of phantom attachments
- Accelerated Beard (Re)growth – (re)grow your beard faster
- Acts of Kindness – sharing and helping out – helps bring in gratitude & clearance of negativity
- Addiction (General) – ego, be gone, free the soul for true joy alone
- Anger/Irritability – stimulus-response mechanism, observation without participation
- Anxiety/Overwhelm – in the larger scheme of things, it's OK to feel great about your roles
- Awe – nurture and awaken to the beauty of it all
- Bad Dream Switcher & Dream Catcher – change the channel to something more fun
- Bedwetting – symptoms and causations
- Black Heads Removal – on face neck & other body parts – good riddance
- **Bladder Meridian** - balance and restore optimal energy flow
- Bliss – bath and/or ingestion - it's there for all, a wonderful state of being
- Body Sculpting/Toning – physical appearance changes (patience required)
- **Brain Balance** - optimal balance of right and left hemispheres and autonomic nervous system
- Breast Enlargement – enhance what is deficient or readdress your ego needs
- Breast-Milk Optimization – normalize physiological dysfunctions, it's all natural
- Broken Heart – this is a mend that starts at your center, the heart, as the overseer
- **Cranial Bones** - optimize alignment, fluid flow, and movement to enhance the whole craniosacral system's function.
- Cellulite Removal – for those that want it gone
- **Celtic Weave** - restore integrity, optimize energy flow, and connect all energy systems of the body with optimal weaving
- Chakra/Crown - bath and/or ingestion - open energize balance tune
- Chakra/Heart – bath and/or ingestion - open energize balance tune
- Chakra/Navel – bath and/or ingestion - open energize balance tune
- Chakra/Root – bath and/or ingestion - open energize balance tune
- Chakra/Solar Plex – bath and/or ingestion - open energize balance tune
- Chakra/Third Eye - bath and/or ingestion - open energize balance tune
- Chakra/Throat – bath and/or ingestion - open energize balance tune
- Charisma/Magnetism – bath and/or ingestion - become the extraordinary person that you actually are
- **Circulation Meridian** - balance and restore optimal energy flow
- Communication Skills – open this sometimes latent ability - let it flow
- Conceit – you're probably the only one that likes you this way, get over yourself
- Contraception Aid – don't get pregnant & avoid STDs
- Cool Down Body – feel cooler during hot weather
- Courage – pure, solid, where you live, and you don't need witnesses
- Creativity – awaken the creative powerhouse within
- Dream Enhancement – vivid, even lucid, nocturnal adventures
- Ego Balance – balance and control - ego is not in charge here
- Emotional Dependence – yourself is fine and needs no other, build strength and faith in you
- Emotional Pain – observe more, participate less, get over it
- Eyesight – ingestion and/or direct application – refresh, rejuvenate and sharpen vision
- Facial Wrinkles – ingestion and/or direct application - cells reborn, water balanced, skin renewed
- Fat Loss – burn, baby, burn; fire the body's furnace, burn the excess, cleanse the debris
- Fear/Phobia – face the demons, the only thing to fear is fear itself, step into your power
- Fertility – for both men and women
- Forgiveness – an elementary step...use it to release the bindings
- Fountain of Youth – bath and/or ingestion and/or direct application - state of mind, the youthful you is still in there
- Freckle Removal – for those that want them gone
- G-Spot Enhancement – bath and/or ingestion and/or direct application - please convey any of your observations
- **Gallbladder Meridian** - balance and restore optimal energy flow
- General Wellbeing – all is well in heaven and Earth
- Great Night Sleep – shut it all down, turn off the lights and drift into the dreamstream

- Grounding – refocus to keep the feet on the ground, the spirit will still soar far and wide
- Guilt – bath and/or ingestion - so pointless we can't even go into it...just use it and be liberated
- Hair Health – bath and/or ingestion - just all around well-being for the hair
- Hair Removal back of hands women – gets rid of it
- Hair Removal forearms women - gets rid of it
- Hair Removal Legs - gets rid of it
- Hair Removal On and around sex organs - gets rid of it
- Hair Removal Underarm - gets rid of it
- Hair Restoration – ingestion and/or direct application - sprout some new sprigs up there
- Happiness – bath and/or ingestion - should move you through the trees so that you can see the forest
- **Healthy Pregnancy For Mother and Fetus** - optimal uterine environment for fetus as it continues to develop and grow.
- Hearing – ingestion and/or direct application – tune, tone, listen, the beauty resounds if heard clearly
- **Heart Meridian** - balance and restore optimal energy flow
- **Heart Variability** - restore and sustain optimal coherency
- Heat Up Body –also aids circulation to hands and feet
- Hope – the virtual power of life - does spring eternal
- **Hopelessness Despair** - when you feel like you just can't go on
- Hormones – balance, control, rejuvenate those incredible compounds of being
- Human Experience – potluck, but inevitably addresses the beauty of being human
- Impulsiveness (high) – look before leaping, think (if necessary) but don't confuse with spontaneity
- Impulsiveness (low) – too cautious (?) when sometimes impulses are interesting to explore
- Increase Pain Tolerance – nothing can hurt you anymore – feel invincible
- Increase Testosterone Production – effects muscle mass sex drive & Alpha Male behavior
- Inner Beauty – it's there...now just look at it, REALLY look at it
- **Intimacy** - feel the closeness
- Intuition Enhancement – tune into the subtle vibes crossing the airways
- Jealousy – ego events are often toxic, you have what you need, be yourself
- **Kidney Meridian** - balance and restore optimal energy flow
- **Large Intestine Meridian** - balance and restore optimal energy flow
- Letting Go – bath and/or ingestion – betrayal, rejection, guilt, abandonment, resentment, vengeance etc.
- **Liver Meridian** - balance and restore optimal energy flow
- Loneliness – alone is good, learn to like yourself and explore creativity, revel in who you are
- Love – the truly divine and eternal principle, let it permeate your being, let it flow
- **Lungs Meridian** - balance and restore optimal energy flow
- **Manifestation** - increase all senses and certainty for manifestation, actualization such as visualization, feeling the vibration of it already showing up, hearing it, tasting it and smelling it as a done deal. Increase that whoosh feeling that it's already shown up.
- Meditation – increase the depth, meaning and effectiveness of your practice
- Mental Clarity – let the light shine in, clear confusion, focus, use intent purposefully
- Mental Energy – brain drain stops, revitalize cells, explore life, unleash creativity
- **Mind Chatter** - quiet your inner voice
- **Motivation** - when you just can't get started
- Muscle Gain – lean muscle mass gain
- Narcissism – only you and the mirror give a damn but there's hope since you're looking here
- Natural Hair Color – it's quite all right if you prefer not to be gray, reawaken pigments
- Obsessive-Compulsive – wastes too much energy, forget it, let it go, time better spent creating enjoying
- Oral Health – a rinse will be refreshing, revitalizing and sugar free
- Passion – find out your passion in life & feel on fire – also image seems strange
- Patience – a Biblical virtue, balance with expectation for non-stressful peace
- Penis Enlargement – modify, enhance, but consider the overrated elements
- Perfect Facial Skin – acne, scars, wrinkles, moles, black heads, other impurities & signs of aging – Gone
- **Perfect Harmony** - everything just feels right

- Perfect Skin - similar to the intent above, but focused on all of the skin
- Perfect Vision – Eyes
- **Personal Freedom** - bring forth in life complete financial, professional, physical, emotional, and spiritual freedom to do whatever desired, whenever desired, wherever desired, with whomever desired, for however long it is desired to do so.
- Personal Power - always there, tune in, feel it, use it, don't abuse it
- pH Balancing – a vital element of human function, balance, protect, defend from toxins order reversed in app
- Pheromones – bath and/or ingestion - crank up the output of your animal scents and sense
- Physical Energy – maximize the use of the marvel of body and mind, a nice way to feel
- **Positive Favor** – the ability to quickly and easily find extreme favor with any and every person interacted with.
- Pregnancy – an extraordinary state, unique in life stages, appreciate it, enjoy it, nurture the spirits
- Pride (Self) – ego is an excuse, retarding growth, stamp it out and let the spirit rule
- Procrastination – don't put it off any longer, just USE it
- Psi Abilities – awaken and attune the higher and subtler senses
- Public Speaking – infuse the throat chakra, step into the power, confidence and ease will follow
- Quiet Mind – bath and/or ingestion - the chatter seems to lose its voice or for that matter anything to say
- Rejection – don't let the ego respond, move on, who cares anyway
- Relaxation – bath and/or ingestion - a state of blissful repose, recharges the power
- **Resisting Change** - start getting out of your own way
- Retention – for learning, information, the stuff that counts, along with improved access – order reversed in app
- Scars – cells, do your thing, fix the pattern, restore the order (see Trauma for other types)
- Self-Confidence – you are extraordinary, you can do anything, remember that, feel it within
- **Self-Loathing** - stop the hate
- **Self-Pity** - stop feeling sorry for yourself
- Self-Reverence – love yourself, though hard to do and if you work on it, reverence follows
- **Self-Sabotage** - stop these self-destructive patterns
- Self-Sufficiency – survival - not requiring any aid support or interaction
- Selflessness – this is the master key to growth and it can be acquired
- Sense of Smell & Taste Improvement – nose & taste buds will function better
- Sex Drive (female) – just crank it up and be uninhibited in exploring it
- Sex Drive (male) – just crank it up and be uninhibited in exploring it
- Shame – bath and/or ingestion - a part of guilt a disease of humanity a negative to be rid of
- **Shyness** - overcome shyness or fear of approaching people for sales or dating in person.
- Skin Radiance – bath and/or ingestion and/or direct application – glow, radiate, smile, love yourself
- **Small Intestine Meridian** - balance and restore optimal energy flow
- **Spleen Meridian** - balance and restore optimal energy flow
- **Stomach Meridian** - balance and restore optimal energy flow
- Stop Beard Growth – slow it down, eventually stop it completely
- Stress Relief – bath and/or ingestion - stress destroys, build a shield against it, empower yourself to the big and little stuff of life
- Stretch Marks Removal – for those that want them gone
- **Super I.Q.** - quickly and safely bring forth in life enhanced brain function and thought processing ability equal to an I.Q. of 10,000.
- Teeth Health – deep cleansing & cavities and gum restoration
- Teeth Whitening – sparkle and glow, results will show
- Thumb-Sucking – attachment disorder, move from fear-based responses
- **Triple Warmer Meridian** - balance and restore optimal energy flow
- Unisex Makeup & Facial Energizing – increase blood flow & revitalizing of facial features for an energetic look
- Vanity – if you want to impress others you'll have to lose this hook to prove it to yourself
- Weight Gain – need more, then wear it like a new outfit
- Wonder – return to and remember the awe of it all as a child would see (also Awe)
- **Worthiness** - knowing value or worth as a person having self-esteem self-respect and merit

## INTENTS II

- **Conditions**
- **Physical & Mental Performance**

# Conditions

- Abdominal Bloating – bath and/or ingestion - pain and bloating from water retention or other nongaseous causes
- Abdominal Gas – bath and/or ingestion – gas, pain and bloating from digestive disorder causes
- Achy Joints – lubricate and rejuvenate, defuse the nerve fibers, symptoms and causations
- Acne – bath and/or ingestion and/or direct application - cellular regeneration, pore cleansing-opening, problem skin, pimples/acne
- **Adrenal Fatigue** - restore energy production, communication and endocrine function of the adrenal glands
- Age Spots – bath and/or ingestion and/or direct application – clears them away
- Allergies: Dust mites - restore health where it's needed – while suppressing any pain
- Allergies: Eggs - restore health where it's needed – while suppressing any pain
- Allergies: Insect bites - restore health where it's needed – while suppressing any pain
- Allergies: Milk - restore health where it's needed – while suppressing any pain
- Allergies: Nuts - restore health where it's needed – while suppressing any pain
- Allergies: Pet Hair - restore health where it's needed – while suppressing any pain
- Allergies: Pollen - restore health where it's needed – while suppressing any pain
- Allergies: Shellfish - restore health where it's needed – while suppressing any pain
- Allergies: Soy - restore health where it's needed – while suppressing any pain
- Allergies: Wheat - restore health where it's needed – while suppressing any pain
- Allergies – symptoms and causations
- Appendicitis – restore health where it's needed – while suppressing any pain
- Arthritis – bath and/or ingestion and/or direct application - symptoms and causations
- **Arthritic Joints** – rejuvenate and restore perfect normal structure function shape size and consistency of every component of every joint
- Asthma – symptoms and causations
- Attention Deficit – pay attention for longer periods of time
- Autism – brain function symptoms and causations
- **Autoimmune Disease** - heal causes and restore immune system balance and function
- **Bile Production** - optimize liver bile production and bile quality
- Blood Pressure – blood volume pressures
- Blood Sugar Regulation – relieve the symptoms and keep an eye on your blood sugar levels
- Boils – bath and/or ingestion and/or direct application - hair follicle infection (Staphylococcus bugs)
- Bone Marrow Disease – for instance: Leukemia – restore health where it's needed – while suppressing any pain
- Breast Cancer – restore health where it's needed – while suppressing any pain
- Breast Reduction – one size smaller please
- Bronchial – bronchospasm, cough bronchial, symptoms
- Bug Bites and Stings – heal the damage
- Calcification and any negative consequences - restore health where it's needed – while suppressing any pain
- Callus – remove from your hands and feet
- Cancers Not Listed – for other cancers – restore health where it's needed – while suppressing any pain
- Cancers of Blood and Lymphatic Systems – restore health where it's needed – while suppressing any pain
- Canker sore – restore health where it's needed – while suppressing any pain - also see “Oral Health”
- Carpal Tunnel Syndrome – restore health where it's needed – while suppressing any pain
- Carpal Tunnel – ingestion and/or direct application - symptoms and causations – order reversed in app
- **Cataracts** - address symptoms and causations restores complete eye health
- Cholesterol – blood particles and patterns
- Chronic Fatigue – bath and/or ingestion - create energy, relieve stress
- Chronic Pain – bath and/or ingestion and/or direct application - symptoms and causations
- Circulation – bath and/or ingestion - vascular blood flow

- Cold – bath and/or ingestion - symptoms and causations
- Constipation – bowel processing redesign for optimal function
- **COPD** - restore expansion and contraction of lungs - normal inhaling and exhaling - while supplying abundant oxygen to the body
- Cysts – accretion dissolution
- Dark circles, bags under eyes - return to a fresher healthier appearance
- Degenerative Back Conditions – restore health where it's needed – while suppressing any pain
- Delusional – get in touch with reality or are you choosing it for someone else?
- Dementia – for Alzheimer Disease and other forms of dementia – bring things back like they once were
- Depression – bath and/or ingestion - global system balancing
- Detox Reaction – detox creates waste and sometimes symptoms, remove the waste
- Detox – bath and/or ingestion - general detoxification, heavy metals, environmental habit-produced – order reversed in app
- **Diabetes** - Reversal, Restore, where needed, stop Insulin Dependence
- Diarrhea – bath and/or ingestion - bowel function normalization, symptoms and causations
- Drug Dependence – soft hard and other drugs – retake your power
- Dry Cracked Lips – you won't need lip balm anymore
- Dry Mouth – produce more saliva and fix this
- Ebola - restore health where it's needed – while suppressing any pain
- Eczema – bath and/or ingestion and/or direct application - skin deficiency allergy disorders
- **Electrosensitivity** - creates resilience towards EMF, supports adrenals and auric field
- **Encephalopathy** - eliminate the genetic mutations. Generate totally healthy brain and nervous system.
- **Endometriosis** - restore health where it is needed and suppress pain and cramping
- **Energetic Rhinoplasty/Septoplasty** - correct bone structure and septum to be aligned with face. For a more symmetrical look and better nose function.
- **Epstein Barr Virus** - is the virus that causes mononucleosis. You might know this disease better by its nickname, "mono." It's also called the "kissing disease" because of one way you can spread it to someone else. Eyebrows – restore, regrow eyebrows naturally
- **Eye Health** - healing of all eye "dis eases" Cataract, Macular degeneration, : Myopia, night blindness, Presbyopia, Glaucoma, Detached Retina, Floaters, Stigmatism
- Eyesight – clearing improvement of vision & related eye disorders
- Facial Paralysis (Bell's Palsy) - restore health where it's needed – while suppressing any pain
- Family Communication – improve skills, outlook, and channels, teach and learn
- Fatigue – bath and/or ingestion - reverse tiredness, energize
- Fever – symptoms and causations
- Feet Conditions – restore health where it's needed – while suppressing any pain
- Fibromyalgia – bath and/or ingestion - symptoms and causations
- Fingernail Health – soaking and/or ingestion – strengthen, soften, shape
- Flu – bath and/or ingestion - symptoms and causations
- **Food Intolerance** - release underlying imbalances causing or contributing to food intolerance
- Food Poisoning – like Salmonella infection
- Frostbite – restore health where it's needed – while suppressing any pain
- **Fungal Infections** - topical and/or internal - fungal symptoms and causations
- Gallstones - gets rid of any abnormalities or hindrances
- Gout – bath and/or ingestion and/or direct application - symptoms and causations metabolic balance
- Hair Loss – ingestion and/or direct application - address cause and new follicle response
- Hand Tremor – bath and/or ingestion – symptoms and causations, nerve damaged or inherited
- Hangover – bath and/or ingestion - address "morning after" symptoms and causes
- Head Tremor – bath and/or ingestion – symptoms and causations, nerve damaged or inherited
- Headache – symptoms and causations
- Hearing – symptoms and causations, dynamics of the hearing process
- Heart Health – arrhythmia and any others – restore health where it's needed – while suppressing any pain
- Heartburn – quiet down the acid magma
- Hemorrhoids – bath and/or ingestion – symptoms and causations
- Hernia Removal – find relief quickly

- Herpes – symptoms and causations
- Hiccough – if you just can't seem to stop, this will help
- HIV/AIDS – acquired immune deficiency syndrome – restore health where it's needed – while suppressing any pain
- Hives – bath and/or ingestion and/or direct application - temper allergic response and skin reaction
- **Hormonal Resistance** - restore balance and hormonal sensitivity (eg. insulin resistance)
- Hyperactivity – pay attention and calm down, but in balance
- **Hyperacusis** - restore health where it's needed – while decreasing sensitivity to everyday sounds to optimal level
- Hypochondria – relax, your health is improving
- Incontinence (fecal) – muscle and sphincter control
- Incontinence (urinary) – muscle, sphincter and urodynamic
- Indigestion – balances enzymes and acids for better digestion
- Infection (bacterial) – topical and/or internal - bacterial symptoms and causations
- Infection (viral) – topical and/or internal - viral symptoms and causations.
- Infertility (Female) – reverse this condition now
- Infertility (Male) – reverse this condition now
- Inflammation - removes any inflammation from any area of the body
- Insomnia – sleep hormones require attention
- **Iron Deficiency Anemia** - restore ferritin (iron) stores in the blood to normal levels - while suppressing any side effects of constipation
- Irritable Bowel Syndrome (I.B.S) - restore health where it's needed – while suppressing any pain
- Itching - stop the horror!
- Jet Lag & Flying Comfort – before, during and after air travel
- Kidney stones - gets rid of any abnormalities or hindrances
- Knees Recovery - restore health while suppressing any pain
- Low Sex Drive (female) – hormonal and mental balance
- Low Sex Drive (male) – hormonal and mental balance
- Lower Back Pain - restore health where it's needed – while suppressing any pain
- Lung Cancer - restore health where it's needed – while suppressing any pain
- Lyme disease - restore health where it's needed – while suppressing any pain
- Lymphedema- restore health where it's needed – while suppressing any pain
- Menopause – support and balancing that tricky hormonal shift
- **Menstrual cramping** - restore balance and suppress pain and cramping
- **Microbiome Balance** - balance organisms in the gut for optimal health (good bacteria, yeast etc.)
- Mood Swings – nervous system balancing, polarity equalizing
- Motion Sickness - for travel
- **Multiple Chemical Sensitivity** - restore health and suppress symptoms
- Multiple Sclerosis - restore health where it's needed – while suppressing any pain
- Muscular Pain - restore health where it's needed – while suppressing any pain
- Neckline - refines perfects and youthens it
- Neuralgia - restore health where it's needed – while suppressing any pain
- **Neuropathy**-for the numbness and tingling in feet, legs, arms and hands
- Obesity – bath and/or ingestion - heat up the body furnace and burn it off
- Osteoarthritis – restore health where it's needed – while suppressing any pain
- **Osteoporosis** - restore bone density to optimal density
- Otitis – ear infections and inflammation - reduce symptoms and pain while restoring health where it's needed
- Pain – bath and/or ingestion and/or direct application - symptoms and causations
- Panic Attacks - calms you down & works at healing the underlying cause
- Paralysis - Anywhere – wake up!
- Parasites – unaccommodating hosts tend to evict unwanted guests
- Perfectionism & Fear of Failure - up productivity, you can do it
- Periodontal Disease – blood flow to gums symptoms and causations
- pH Balancing – bath and/or ingestion - proceed to 7.365 in the blood
- PMS and Menstrual – bath and/or ingestion - balance and calm the hormone response



- Pregnancy – bath and/or ingestion - adjust and balance hormonal responses, enjoy the natural state
- Premature Gray Hair - ingestion and/or direct application - it's quite all right if you prefer not to be gray, reawaken pigments
- Prostate Cancer - restore health where it's needed – while suppressing any pain
- Psoriasis – bath and/or ingestion and/or direct application - symptoms and causations
- PTSD - gets rid of all symptoms associated with posttraumatic stress disorder
- Razor Burn - shaving – protect heal and thicken the skin
- Red Eyes - restores normal appearance and undoes possible damage
- Rosacea - restore health where it's needed – while suppressing any pain
- Runny Nose & Nasal Congestion - breath freely and sleep well
- Salivary gland stones - gets rid of any abnormalities or hindrances
- Schizophrenia – returns mental stability & restores health where it's needed
- Scoliosis - try to rectify the error – also see "Spinal Health"
- Sinus Congestion – symptoms and causations
- Skin Cancer – restore health where it's needed – while suppressing any pain
- Sleep Apnea & Snoring - used for both - reduce symptoms - restore health where it's needed
- Sore Throat - restore health where it's needed – while suppressing any pain
- **Spine Degeneration and Misalignment** - restore optimal alignment, spacing, disc, bone density, dura, blood flow, and nerves.
- Spinal Health - straighten out the spine & other spine related problems
- Stomach Ache – wide array of symptoms and causations, but balance is not difficult
- Stress – bath and/or ingestion – relax, let it go
- Stroke – for any type of stroke – repair damage
- Stubbornness & Selfishness - get over it step into the light
- Stuttering - regain speech fluency
- Sunburn – bath and/or direct application - ameliorate pH, hydration, pain and skin damage
- Swelling – bath and/or ingestion and/or direct application – physiologic, chemical & circulatory balancing
- Toenail Health - soaking and/or ingestion - strengthen soften shape
- **Tooth Abscess** - heal and repair any abscess on teeth. Rejuvenate health to all teeth.
- Trauma – manage emotional and physical causations
- Trench Foot – restore health where it's needed – while suppressing any pain
- Tuberculosis - restore health where it's needed – while suppressing any pain
- Tumors all sorts - restore health where it's needed – while suppressing any pain
- **Ulcerative Colitis** - heal any open sores, ulceration within the intestines, colon, bowel, stop any bleeding bring back wholeness
- Ulcers - for all sorts of ulcers
- **Uneven Breast Size** - even out breast size to match cup size, for a more symmetrical look. Both breasts to be same size cup.
- Unwanted Facial Hair women - finally get rid of it for good
- **Vaginal Prolapse** - Strengthen pelvic and vaginal tissues and muscles. All pelvic organs returned to proper positions while suppressing pain.
- Varicose Veins – bath and/or ingestion and/or direct application - shrink and/or refine
- Vomiting - address the underlying cause while rehydrating
- Warts – bath and/or ingestion and/or direct application - it's a viral hosting issue that calls for management
- Yeast (too much) – acid/alkali balance

# Physical & Mental Performance

- **Academics** - quickly understand and comprehend and apply very easily any Academic Subjects
- Athlete's Foot – bath and/or ingestion and/or direct application - symptoms and causations
- ATP Production – adenosine triphosphate, muscle and tissue fuel
- Automatic Muscle Growth – for bodybuilding – sometimes you can skip the gym!
- Bone Recovery – bath and/or ingestion - help the bone bounce back
- Brain Hemispheric Balancing – analytical and feeling cooperate, optimizing performance
- Burst Strength – lift the bus off the child
- Cartilage Recovery – bath and/or ingestion - after the triathlon, assist the cartilage in recovery
- Creatine Production – ATP and creatine are related, but creatine creates muscle mass
- Endurance Strength – strength and stamina for even distribution over time
- **Engineering** - quickly understand and comprehend and apply very easily Engineering
- Fascial Recovery – bath and/or ingestion - assist connective tissue in recovery
- Good Posture – better for your health & looks better as well
- Grow Taller – just make sure you don't bounce your head while entering
- Hyper Energy – effects quite like some energy drinks
- Immune System Boost – increase your disease fighting ability and general health
- In the Zone – Zen in athletic and physical performance, effortlessness
- Increase Type of Brainwave:
  - Alpha – occurs when relaxed and calm
  - Beta – occurs when actively thinking, problem solving – that kind of stuff
  - Theta – associated with sleep, deep relaxation and visualization
  - Delta – occurs during deep sleep (dreamless)
  - Epsilon – very, very deep state of mind
- Iron Feet, Joints and Lungs – for outdoor expeditions or really long runs and physical training
- Iron Stomach – increased resilience for tough meats, raw plants and raw minerals
- **Limitless Pill** - Just Like The Movie " Limitless ( Bradley Cooper) " - A Pill That Activates 100 % of our Brain Power.
- **Literature** - quickly understand and comprehend and apply very easily Literature
- **Math** - quickly understand, comprehend and apply very easily Math
- Mental & Physical Development [small children] – including speech, poise and learning to walk, ride a bike and so on
- Mental Energy – sports is as much mental as physical...reach your peak
- Muscle Cramps – bath and/or ingestion - crystals, relaxation, symptoms and causations
- Muscle Flexibility – stretch that body as much as you can!
- Muscle Gain – lean muscle mass gain
- Muscle Recovery – bath and/or ingestion - quick recovery for back-to-back games
- Neurotransmitter Optimization – Amino Acids (general)
- Neurotransmitter Optimization – Monoamines (general)
- Neurotransmitter Optimization – Peptides (general)
- Optimal Internal Workings - balances everything within your body in order to get to the perfect blood test results, including vitamins
- Orgasm Enhancement – Female – tune the array of sensation to higher levels
- Orgasm Enhancement – Male – tune the array of sensation to higher levels
- Physical Energy – overall physical energy for any purpose or expenditure
- Reading Improvement – comprehension and retention, then speed
- Relaxation – perform without nervousness
- Respiration Optimization – makes several adjustments in the respiratory system for bettering health and flow of energy
- **Science** - quickly understand and comprehend and apply very easily Science
- **Self-Defense** - Incredible striking power - increase the power of your strikes like elbows, knees kicks etc to inhuman levels, Incredible speed - increase your movement speed to inhuman levels, dodge opponents attacks very easily.
- Sexual Stamina – good sex, better sex, great sex!
- Study Support – focus, cram, stay awake, retain, perform
- Superhydration – where less water becomes more

- Superoxygenation – increasing demand doesn't increase the need for more air
- Tendon Recovery – bath and/or ingestion - quick recovery for back-to-back games

## **INTENTS III**

- **General Purpose**
- **Mood Altering**

### **General Purpose**

- Balance in All Things – balance food and other cravings
- Bathing – for a relaxing and healthful bath with no particular intent in mind
- Cooking – for all cooking water
- Drinking – for all drinking water, including for coffee and tea
- Food Charging – pushing vibration and expiration date & enhancing the nutritional content
- Great Mood – lift your spirits
- Headache – symptoms and causations
- Morning Jolt – better than coffee but without the jitters or letdown
- Oxygenation – for maximal physiologic use of oxygen & hydrogen
- Pets – fleas and ticks
- Pets – general well-being
- Plants – plants thrive
- Relaxation – unwind, slow down, let go of the day's cares
- Seeds, Fruits, Vegetables, Flowers & other Plant Life – see them thrive
- Shower – a special treat for yourself, skin and hair
- Wound Care – bath and/or ingestion – cleaning, rapid healing, without infection

### **Mood Altering**

- Cosiness & Conviviality – alone or with friends and on special occasions
- Ecstasy – be ready for anything
- Euphoria – usually what we're all after
- Extreme Horniness – do I really need to describe this for you? ;)
- Joy - you do remember that feeling?
- Laughter – whether laughing out loud or not, the laugh is still in there
- Peace & Calmness – Fearless – become more of an observer
- Playfulness - everything is being experienced more lightly and childlike
- Relaxant – natural relaxation, no "downers" required
- Sensual Heightening – senses excited and open
- Social Lubricant – be more sociable, such as can happen with alcohol
- Stimulant – a real, not artificial, means to just feel "up"

## INTENTS IV

- **Toxic Habits and Environmental**
- **Super Potent**

# Toxic Habits and Environmental

- Air Quality – inhibit damaging effects
- Air Quality – repair damaging effects
- Alcohol – (hangover relief) do the crime, but don't do the time
- Alcohol – inhibit damaging effects before or during use
- Alcohol – repair damaging effects
- Anti venom for emergencies - snake, spider, amphibian, bee, plant..
- Appetite – address loss of appetite
- Appetite – curb or balance an overactive appetite
- Appetite – improve your desire for quality foods
- Bug Repellant – ingestion and/or direct application
- **Caffeine Addiction** - heal underlying imbalances causing or contributing to caffeine addiction
- **Caffeine Detox** - eases caffeine detoxification and withdrawal symptoms
- **Chemical Trails** - makes one impervious to the toxic effects of chemtrails
- Cigarette Smoking – inhibit damaging effects at all times
- Cigarette Smoking – quit completely or reduce frequency of use
- Cigarette Smoking – repair damaging effects
- Damage from Thistles and Assorted Plants – stop the itching and heal the damage
- Electromagnetic Frequencies – inhibit damaging effects
- Electromagnetic Frequencies – repair damaging effects
- Gambling Addiction – quit while you still can!
- **GMO Toxicity** - release negative effects of Genetically Modified food consumption in the body
- Indecision & Doubt – trust and let go of any outcome
- Mammal Repellant – sprinkle the yard with it from a watering spout
- **Mold/Mildew Elimination** - remove unwanted mold and/or mildew from the body or surfaces.
- Nailbiting - you will just not do it anymore
- Pain Medications – inhibit damaging effects before or during use
- Pain Medications – repair damaging effects
- Psychiatric Medications (reduce and repair damaging effects) – reduce and repair damaging effects
- Roach Repellant - ingestion and/or direct application
- Shoplifting – fun ride for an instant, but a major setback
- Shyness & Paranoia – don't hide your true self!
- Stop Masturbation – save your energy for the real thing!
- **Sugar Addiction** - heal underlying imbalances causing or contributing to sugar addiction
- **Sugar Detox** - eases sugar withdrawal and detoxification
- Tap Water – inhibit damaging effects from drinking, showering, bathing, cooking
- Tap Water – repair damaging effects from drinking, showering, bathing, cooking
- **Thunderstorms** - reduce the severity of thunderstorms decreasing the chance for severe weather to include hail, high winds and tornadoes.
- **Total Flush** - eliminate all harmful and toxic substances accumulated, ingested or inhaled or absorbed by any part of my body quickly easily and safely.
- Worrying and Control Freak Behaviour – instantly clear your head and move on

# Super Potent

- Abundance – in all areas of your life, you'll feel and be abundant
- Adventurer and Athletic Performance – increase energy, strength, speed, endurance, healing & decrease fear + protection against physical danger
- **Alchemy 1** - emulate all the beneficial effects and endure all of the positive powers of the following legendary substances; Elixir of Life, Elixir of Immortality, Philosopher's Stone, Ambrosia of the Gods, Elysium, Nectar of Immortality, Amrit Ras, the Universal Medicine, the Golden Tonic, the Fountain of Youth, Taoist Longevity Tonics.
- **Alchemy 2** - emulate all the beneficial effects of the monoatomic forms of the following elements: gold, platinum, rhodium, ruthenium, osmium, iridium, palladium.
- **Anti-Aging** - cancel and reverse all biological events causing and comprising the bodily aging process holistically from the molecular level and cellular level to the organ level and organ system level at a rate of twice the normal aging process with the forward movement of time, completing this process at the point in time that my body has again the shape, form, size structure and function of a perfect 20 year old human body.
- Deep Clearing – clears out the deepest of blockages
- Expanded Sleep State - experience the experience of a lifetime in one night and wake up refreshed
- Financial Means – money, job and career opportunities
- Flow, Synchronicity and Locked into the Now - quite like an "advanced" type of mindfulness
- Forcefields:
  - Ascended Space - resets and upgrades energies in the room and/or entire house, everything and everyone's vibration in it will be raised continually after this (also keeps intruders away)
  - Electronic Device Enhancements - undo the damaging effects, use it's electric energy for healing and increasing durability of the devices themselves
  - Garden Enhancements - not just good for the plant life, but you will feel like you're in a bubble of heaven while in your garden
  - Heaven - try it on a room or a space you have in mind, maybe even your entire house
  - Meditation Space - body more relaxed, mind more focused, intense.. astral projection: easier, benefits go on and on
  - Sleeping Space - advanced healing, regeneration, increased physical and mental energy, decreased need for sleep
  - Transportation (vehicles) - increase ease in ability to drive, safety of the users, joy while driving and anti-theft
- **Forcefield Insect Bite/Sting Protection** - ingest or apply topically. Never become annoyed by pesky insects again.
- Friendly Relationships – they usually make life more interesting [+ specific charisma enhancements]
- Healing of the Complete Human Being - Clearing, Upgrading, Balancing.. embody your Higher Self!
- Immortality - live the abundant life, happily, healthy, safely and for a VERY long time
- **Infinite Durability** - constantly bring forth in life infinite amounts of physical durability, mental durability, emotional durability, spiritual durability.
- Inner Beauty and Happiness and Emotional Freedom – feel confident, happy and free
- Intelligence + Memory enhancement – you'll get smarter in almost every area you desire, while developing photographic memory
- Less Need for Sleep – wake up earlier and feel more refreshed
- Perfect Health – works on the physical body: removes bacteria and viruses from the body, organs & all senses restored to maximum performance
- Romantic Relationships – find that special someone (or somebodies) [+ specific charisma enhancements]
- Sexual Relationships – sexual opportunities to your liking [+ specific charisma enhancements]
- Spiritual Power – push entire being to highest vibration possible – this will make a big difference in your personal perception
- Success in Any Endeavor – Ambition + Excitement & Motivation + Personal Power + Breaking Boundaries + Clarity + Hard Work + Flexibility + Determination + Persistence+ Insight + Creativity + Ambition + Willpower + Do Not Waste Any Time + Efficiency + Accuracy + Trust & Positive Attitude
- **Super Immunity** - bring forth in life constant and complete immunity to all of the following: nuclear radiation damage, diseases, chemical toxins and poisons, everything that causes harmful genetic mutations, all forms of electromagnetic radiation, damaging energy frequencies, all types of damage caused by inertial force, either of the body itself or projectiles launched towards the body, psychic attacks, others attempts at revenge.
- Youthening – Mental [Feel Younger] + Physical [de-aging + Faster Healing + increase Human Growth Hormone]

## INTENTS V

- **Spiritual Purposes**
- **Cleanse and Rejuvenate**

# Spiritual Purposes

- **Activation of Awareness** - have awareness in every moment, opening into the flow of life with ease and grace
- Astral Projection – explore the Universe in this unique state of mind
- **Aura Clearing** - clear aura of negative debris and optimizes aura size for wellness
- **Balance Masculine and Feminine** - bring complete balance to the masculine and feminine within the body in connection with the divine masculine and feminine
- **Childlike Wonder** - remembering the magic of the child, the truth of love of who we are
- Clairaudience – safely awaken the subtler senses - hearing
- Claircognizance – safely awaken the subtler senses - knowing
- Clairissance – safely awaken the subtler senses – smelling
- Clairgustience – safely awaken the subtler senses - tasting
- Clairsentience – safely awaken the subtler senses – feeling
- Clairvoyance – safely awaken the subtler senses – seeing
- **Cleanse and Re-integrate Soul Fragments** - cleanses soul fragments of lower vibrational energies and re-integrates them into the original oversoul throughout all lifetimes.
- **Connection to Source** - knowing that connection is there is open with crystal clear understanding of guidance received
- Emotional Body Clearing - clears out all the unwanted stuff, bring in higher emotions
- Energy Body Clearing - clears out all the gunk, brings all chakra's to maximum potential at any given time
- Energy Master - gather unlimited energy and be able to use it masterfully for anything you want
- Evolve DNA - to it's maximum potential
- **Friendly Universe** - bring forth in life encounters and interactions only with entites that are friendly and trustworthy and peaceful and honest and helpful and caring and patient and kind and gentle and who only have my best interest at heart.
- Heart Activation - releases all the negative emotions and other crap, then brings out the highest possible joy here
- High Definition Lucid Dreaming – ability to direct extremely vivid dreams
- Higher Level Help - calls towards etheric beings for any help you might need and increases your psychic communication channels
- Higher Self Activation – rapturous love, higher mind awakening, ultimate guidance system, gratitude, compassion, forgiveness
- **I AM Presence** – Truer Self - Highest level activation and integration with embodied human self today done with ease and grace.
- **Impervious to Evil and Attacks** - repel lower vibrational attachments and attacks
- Insight Nature Reality – discover your life purpose & see how things connect and why
- Kundalini Activation – for a safe and gradual Awakening
- Negative Entity Removal – deposesession
- No Self Realization – more than just Oneness – go deep down the rabbit hole!
- Personal Merkaba activation - takes you where you want to be, into the life you are wanting
- **Protective Auric Shield** - remove imbalances preventing intact auric protection or creating holes in it
- Psychic Protection – this makes you temporarily invisible for negative entities, people & their attacks
- **Release Negative Entities (upgraded)** - removes all lower vibrational entities including Monkey demons and Dark Watchers
- Remote Viewing – a finer form of astral projection
- **Remove Curses** - remove curses from all lifetimes and all dimensions and fill the void with Love and Light
- **Remove Energy Weapons** - remove energy weapons from energy body in all lifetimes
- **Remove Implants** - dissolve low vibrational implants and fills void with Love and Light
- **Remove Negative Portals** - collapses and uncreates all negative portals where entities and energy weapons can originate and seals the void with Love and light
- **Remove Vows and Contracts** - release non-beneficial vows and contracts from all lives
- **See Angels** - be able to see Angels and other Light Spirit beings
- Spiritual Crisis and Psychosis Management – returns mental stability & builds a temporary wall in your mind, so you can take a break from intense pain and fear
- Unconditional Love/Bliss 24/7 - boosts and builds the feeling of love energy

- Water Spray – Clear & Raise the Energy in a room – lift the general energy mood and ambience to higher realms

## Cleanse and Rejuvenate

- Adrenals
- Appendix
- Arteries
- **Aura** - restore integrity and optimize energy flow
- Bladder
- Blood
- Bone
- Bowel
- Brain
- Breasts
- Cartilage
- **Cataracts**
- Cervix
- Colon
- **Dura** - restore the thick membrane that is the outermost of the three layers of the meninges that surround the brain and spinal cord.
- **Endocrine System**
- Esophagus
- Eyes
- Fallopian Tubes
- **Fascial System**
- Gallbladder
- General
- Heart
- Hips
- Hypothalamus
- Intestines
- Joints
- Kidneys
- Larynx
- Liver
- Lungs
- Lymphatic System
- Ovaries
- Neck & Shoulders
- **Nervous system (Autonomic)**
- Nervous System (central)
- **Nervous system (Enteric)**
- Nervous System (parasympathetic)
- **Nervous system (Somatic)**
- Nervous System (sympathetic)
- Pancreas
- Parathyroids
- Pineal
- Pituitary
- Prostate
- Reproductive Organs
- **Reproductive System**



- Sinuses
- Skeletal System
- Skin
- Soft Tissue
- **Spine Degeneration and Misalignment** - restore optimal alignment, spacing, disc, bone density, dura, blood flow, and nerves.
- Spleen
- **Stem Cells**
- Stomach
- Subtle Bodies
- **Telemere Reconstruction** - emulate all of the beneficial healing and regenerative effects of 100 times the normal amount of circulating and activated stem cells one had at age 10
- Testicles
- Throat
- Thymus
- Thyroid
- Tonsils
- Urethra
- Uterus
- Veins

## INTENTS VI

- **Miscellaneous**
- **Abilities**

# Miscellaneous

- **Acupuncture session** - Emulate the effects of an Acupuncture session
- Alcohol enchantment
- Alternate Realities – certain external things will change – small and/or big – changes are safe
- Body Building – Support for faster muscle growth and perfect shape – not in doc
- Cigar/Tabaco enchantment
- Cleaning Water (and Soap) Enhancement – everything squeaky clean now!
- Contraceptive – Protect against Pregnancy – not in doc
- Deodorant – sweat less & stay fresh longer
- **Earthing** - Emulate the effects of Earthing
- **Electrolytes**
  - **Potassium**
- Emotional Vibration – Raise the vibration of the Astral Bbody – not in doc
- Emulate Effects Ayahuasca – be careful with the percentage
- Emulate Effects Cranial Sacred Session – try it – not in doc
- Emulate Effects Marihuana – be careful with the percentage
- Emulate Effects MDMA (Ecstasy) – be careful with the percentage
- Emulate Effects Medical Marihuana Oil - try it
- Emulate Effects White Powdered Gold - be careful with the percentage
- Essential Oils: Frankincense - takes the essence and puts it into your water
- Essential Oils: Lavender - takes the essence and puts it into your water
- Essential Oils: Lemon - takes the essence and puts it into your water
- Essential Oils: Oregano - takes the essence and puts it into your water
- Essential Oils: Peppermint - takes the essence and puts it into your water
- Essential Oils: Rose - takes the essence and puts it into your water
- Essential Oils: Tea Tree Oil - takes the essence and puts it into your water
- Fabric Softener – for the washing machine
- Fasting Support – see it through to the end
- Flower Remedies [Twelve Healers]
  - Agrimony
  - Centaury
  - Cerato
  - Chicory
  - Clematis
  - Gentian
  - Impatiens
  - Mimulus
  - Rock Rose
  - Scleranthus
  - Vervain
  - Water Violet
- Flower Remedies [Seven Helpers]
  - Gorse
  - Heather
  - Oak
  - Olive
  - Rock Water
  - Vine

- Wild Oat
- **Himalayan Crystal Salt Bath** - Emulate the effects of a Himalayan crystal salt bath
- Hypnotic Trance – for hypnosis
- Increase Incoming Cash Flow - more money, now!
- Increase Positivity & Positive Suggestibility – for personal development and psychic field integration purposes
- Long & Thick Eyelashes – no more expensive salon visits
- **Macro Minerals**
  - **Calcium**
  - **Iron**
  - **Magnesium**
- **Magnesium Chloride Bath** - Emulate the effects of a Magnesium Chloride bath
- Maturity & Best Behavior [children and adolescents] – we all have to grow up some day
- **Non-Essential Trace Minerals**
  - **Boron**
  - **Silicon**
  - **Vanadium**
- One with Nature - increase connection with trees, rivers, plantlife, nature spirits etc.
- Orthodontics – straighten crooked and bucked teeth.
- Pain Control – Sedative – almost numbing this one
- Perfect Brain & Mental Health – for people with mental disorders – use this if you're tapering off and stopping your medications
- **Pets** - Hairball relief for cats, Eliminate fur through digestion, Stop marking for dogs and cats, Stop spraying or peeing in house to mark territory, Stop scratching on furniture for cats, Stop chewing on shoes, furniture for dogs, Relief of joint and tendon issues for older cats and dogs, Stop excessive barking or crying for dogs and cats, Recovery from surgery trauma for pets including spaying and neutering.
- **Reconnective Healing Session** - Emulate the effects of a Reconnective Healing session
- Regrow a Full Head of Hair – go look in the mirror, it's all back there on top!
- Require Less Food & Water – become a breatharian and save some money
- Separation Anxiety [small children] – you can leave them in their own company now
- Shampoo & Body Soap Enhancer – neutralize harmful effects of ingredients & increase skin and hair health
- Sleeping through the night – for babies and children
- **Sun Gazing** - Emulate the effects of Sun Gazing
- Sun soak & Sunscreen – enhance the body's ability to absorb sunrays in a healthful manner
- **Theta Healing Session** - Emulate the effects a Theta Healing session
- **Trace Minerals**
  - **Chromium**
  - **Copper**
  - **Iodine**
  - **Manganese**
  - **Selenium**
  - **Molybdenum Fluoride**
  - **Zinc**
- Vitamin A (Retinol)
- Vitamin B Complex
- Vitamin B1 (Thiamine)
- Vitamin B2 (Riboflavin)
- Vitamin B3 (Niacin)
- Vitamin B5 (Pantothenic Acid)
- Vitamin B6 (Pyridoxine)
- Vitamin B7 (Biotin)
- Vitamin B9 (Folate)
- Vitamin B12 (Cobalamin)
- Vitamin C (Ascorbic Acid)

- Vitamin D (Calciferol)
- Vitamin E
- Vitamin K
- X-Men - achieve and experience multidimensional powers
- **Zero Balancing Session** - Emulate the effects of a Zero Balancing session

## Abilities

- **Akashic Records** - ability to easily and instantly access the Akashic Records any time I wish and in terms that I understand.
- Acrobatics - Increase performance of extraordinary feats of balance, agility, and motor coordination
- Acting – you are a natural
- Apportation - materialization, disappearance or teleportation of an object, person or yourself to any place and/or any time period
- Artistic abilities - discover what it is to be a real artist (painting or whatever you would like to improve at)
- Automatic Writing - let spirit flow through your writing
- Bilocation - paranormal ability
- Communication with animals - telepathic and otherwise
- Contagious Laughter & Comical Entertainment – this should be a lot of fun, any time!
- Critical Thinking & Problem Solving – have deep insight and learn to think for yourself
- Dancing – having the time of your life!
- **Discernment**- know what serves your highest good and the highest good of all concerned.
- Dowsing Skills - let your intuition be your guide in searching for things or getting answers
- Empathy – identification with and understanding of another's situation, feelings and motives
- Energy & other Healing work – by helping others you heal yourself as well – drastically increases quality and quantity of energy
- **Ergokinesis** - bring forth in life the ability to safely attract and absorb and manipulate and make use of any type and form of energy in the cosmos in any amount for any purpose desired.
- Fishing – effects both you and your luck with fishing
- Gaming Precognition - know the outcome of any gaming event you direct your attention to before it occurs
- Good luck in general - have things go your way more often
- Gratitude – be thankful for what you are and what you have
- Hunting Skills – specific enhancements for this type of activity
- Imagination – unlimit yourself
- Internal Compass – for navigation - you know and remember the way – intuition enhancements
- Leadership – awaken and strengthen specific leadership qualities
- Levitation - paranormal ability
- Lucky Gambling – increase your general luck and luck with gambling
- Motor Skills (gross & fine) – this will eventually increase your productiveness
- Musical Instruments & Coordination – especially helpful when you're in a band
- Nightvision Improvement – see much more clearly at night
- Optimism – focus on the good side of things
- Organizing – you know how to handle things
- Passion & Willpower – also see “Success in Any Endeavor”
- Positive Psychic Influence - paranormal ability (focusses on the greater good of all involved)
- Psychokinesis - paranormal ability
- Pyrokinesis - paranormal ability
- **Releasing Clutter** - mental, emotional and physical! If it doesn't spark joy, add value or serve a purpose in your life, release it to create space for people and things that do!
- Retrocognition - paranormal perception of past events
- Self Defense & Fighting Skills – you know how to fight & defend yourself and others
- Singing – bring out the best of your voice

- Skating - learn to skate and if you can already, tricks will come more easily to you now
- Socializing, Communication & Conversational Skills – always comes in handy
- Specific Manifestation work – get out of your own way and trust whatever it is you want, is coming
- Sports Enhancement – be good at any sport, also see “Adventurer & Athletic Performance”
- Swimming – for learning to swim
- Telepathy - paranormal ability
- Time Travel - opens the gates towards attaining this ability
- Writing talent – for either journalism or writing a novel

# Brilliant Beings I

- **Brilliant Minds**
- **Dancers**
- **Musicians**
- **Painters**
- **Sculptors**
- **Writers**

## Brilliant Minds:

**Albert Bandura**...is mostly referenced to as the greatest living psychologist and the most influential psychologist of all times. A David Starr Jordan Professor Emeritus of Social Science in Psychology at Stanford University, he has been relentlessly contributing to the subject for the past six decades and more. Bandura is best known as the initiator of the social learning theory and the theoretical constructor of self-efficacy. He is famed for the 1961 Bobo doll experiment through which he proved that young individuals are influenced by the acts of adults, thus successfully shifting the focus from behaviourism in psychology to cognitive psychology. He further dealt in detail with social cognitive theory and came out with the relationship of self-efficacy and social cognitive theory.

**Albert Einstein**...with his research and finding, Einstein created a revolution in the field of science. He is known as the father of modern physics

**Archimedes**...Greek mathematician, physicist, engineer, inventor, and astronomer, he is regarded as one of the leading scientists in classical antiquity.

**Aristotle**...was considered to be an important figure in Western Philosophy. Famous for his writings on physics, metaphysics, poetry, theater, music, logic, rhetoric, linguistics, politics, government, ethics, biology, and zoology, he was an extremely learned and educated individual. He is also among the first person to set a comprehensive system of Western philosophy which include views about morality and aesthetics, logic and science, politics and metaphysics.

**Buckminster Fuller**...known by his friends as "Bucky", has undeniably been one of the key innovators in the 20th century. He is known as a philosopher, thinker, visionary, inventor, architect, engineer, mathematician, poet, cosmologist, and more.

Buckminster Fuller was probably one of the first futurists and global thinkers. He is the one who coined the term "Spaceship Earth", and his work has inspired and paved the way for many who came after him. A key goal for Buckminster Fuller was the development of what he called "Comprehensive Anticipatory Design Science", which is the attempt to anticipate and solve humanity's major problems by providing "more and more life support for everybody, with less and less resources

**Confucius**...is one of the few leaders who based their philosophy on the virtues that are required for the day to day living. Known as Master Kong to the Chinese, he taught people how to cultivate the value of modesty, planning, respect, moral behavior, honesty and sincerity, apart from common sense.

**Dalai Lama**...is said to spend his entire life committed to promoting humanity. He strongly preaches as well as practices the importance of non-violence and peace and significance of compassion.

**Friedrich Nietzsche**...was a famous German philosopher and philologist known for his critical texts on religion, morality, contemporary culture, philosophy and science. He was widely known for his ideas like death of God, perspectivism.

**Galileo**...was an Italian physicist, mathematician, astronomer, and philosopher who played a major role in the scientific revolution. His achievements include improvements to the telescope and consequent astronomical observations and support for Copernicanism.

**Hermann K.H. Weyl**...was one of the greatest mathematicians of the 20th century. His contributions in the fields of foundation mathematics, harmonic analysis, analytical number theory and integral equations etc. were remarkable. He is mostly known for the advancements he brought in geometric function theory, the theory of compact groups and theoretical physics. He even expressed great amount of interest in theoretical physics and excelled in the fields of relativity, quantum mechanics, and unified field theory.

**Hildegard of Bingen**.. 12th century German visionary

**Hippocrates**...was revered for being the first individual ever to have mixed philosophy with medicine. He is also known as a physicist, white magic exponent, and a philosopher

**Isaac Newton**...discovered a major part of Optics (mainly that white light is made out of rainbow colors... How does that work for the artist work? ). He discovered the Laws of Motion. He discovered Universal Gravitation.

**Laozi** or **Lao Tzu**...existed in the 6th century B.C, was the founder of the Chinese philosophical 'School of the Tao' or 'Taoism'. He was known to be a contemporary of the great and the most revered Chinese teacher and philosopher 'Confucius'. His teachings have been handed down through centuries and today his followers are manifold.

**Leonardo da Vinci**...was an Italian Renaissance polymath: painter, sculptor, architect, musician, mathematician, engineer, inventor, anatomist, geologist, cartographer, botanist, and writer. His genius, perhaps more than that of any other figure, epitomized the Renaissance humanist ideal. Leonardo has often been described as the archetype of the Renaissance Man, a man of "unquenchable curiosity" and "feverishly inventive imagination".[1] He is widely considered to be one of the greatest painters of all time and perhaps the most diversely talented person ever to have lived.

**Mary Magdalene**... The whole history of western civilization is epitomized in the cult of Mary Magdalene. For many centuries the most obsessively revered of saints, this woman became the embodiment of Christian devotion, which was defined as repentance.

From the New Testament, one can conclude that Mary of Magdala (her hometown, a village on the shore of the Sea of Galilee) was a leading figure among those attracted to Jesus. When the men in that company abandoned him at the hour of mortal danger, Mary of Magdala was one of the women who stayed with him, even to the Crucifixion. She was present at the tomb, the first person to whom Jesus appeared after his resurrection and the first to preach the "Good News" of that miracle.

**Masaru Emoto**...was a Japanese author and entrepreneur, who claims that human consciousness has an effect on the molecular structure of water. Emoto's conjecture has evolved over the years. Initially he believed that water could take on the "resonance" of "energy" which was directed at it, and that polluted water could be restored through prayer and positive visualization.

Since 1999 Emoto has published several volumes of a work titled Messages from Water, which contain photographs of water crystals and their accompanying experiments. Emoto's ideas appeared in the movie What the Bleep Do We Know!?

**Max Planck**...is generally considered to be the father of quantum mechanics.

**Michelangelo**...was an Italian sculptor, painter, architect, poet, and engineer of the High Renaissance who exerted an unparalleled influence on the development of Western art.

**Mother Theresa**...became a symbol of love, care and compassion for the world. Blessed with profound empathy, unwavering commitment and unshakable faith since young, she turned her back to the worldly pleasures and focussed on serving the mankind ever since she was 18.

**Nicola Tesla**...was a Serbian American inventor, electrical engineer, mechanical engineer, physicist, and futurist best known for his contributions to the design of the modern alternating current electricity supply system.

**Peter Drucker**...was an amazing writer, brilliant management consultant and a self-defined "social ecologist". His works distinguish the organization of human across business, government and the non-profit sectors of society. Peter is among the best known and most influential thinkers on the matter of management theory and practices.

**Rudolph Steiner**...it is rather easy to list the fields in which he failed to excel than explain the areas in which he was a master. A philosopher, a theologian, an educationalist, an agricultural expert, an architect, an expert in medicinal plants, a dramatist, an authority on Goethe and a blessed artistic trendsetter, the areas of his interest and expertise are almost endless.

**St. Germain**... as one of the Masters of the Ancient Wisdom, is credited with near god-like powers and with longevity. It is believed that Sir Francis Bacon faked his own death on Easter Sunday, 9 April 1626, attended his own funeral and made his way from England to Transylvania where he found lodging in a castle owned by the Rakóczi family. There, on 1 May 1684, Bacon, by using alchemy, became an immortal occult master and adopted the name Saint Germain and became one of the Masters of the Ancient Wisdom, a group of beings that, Theosophists believe, form a Spiritual Hierarchy of planet Earth sometimes called the Ascended Masters. Thus, according to these beliefs, St. Germain was a mysterious manifestation of the "resurrected form" (or "resurrection body") of Sir Francis Bacon.

**Stephen Hawking**...is easily the greatest human mind the earth has ever seen to date. Don't get me wrong there are many others that shaped the world we know, but he is current on the leading edge of what's really going on out there. He's proved that for example some of Einstein's equations and theories don't fully apply to the grand scheme of things.

## Dancers:

**Donnie Burns** is a Scottish professional ballroom dancer who specializes in Latin dance. He's considered the greatest ballroom dancer of all time, and his championship performances with his partner are now considered to be classics.

**Fred Astaire & Ginger Rodgers**... They made dancing much more appealing to the masses during rather prudish times. This perhaps owed something to the acting involved in the performance, as Rogers made dancing with Astaire look like the most thrilling experience in the world.

**Gene Kelly**...was one of the biggest stars and greatest innovators during Hollywood's golden age of musicals.

**Joaquín Cortés** ... It's safe to say that Cortés is not just one of the greatest Flamenco dancers alive, but also the one who cemented the Flamenco's place in popular culture.

**Josephine Baker**...Although Josephine Baker is primarily associated with the Jazz Age, her influence is still alive and kicking, as it were, almost one hundred and ten years after her birth.

**Martha Graham** is considered to be the mother of modern dance.

**Michael Jackson**...Michael Jackson was basically the man who made music videos a trend—and without a doubt the one who made dancing an essential element of modern pop music.

**Mikhail Baryshnikov** is one of the greatest ballet dancers of all time; many critics consider him to be the greatest.

**Rudolph Nureyev**...Baryshnikov captured the hearts of critics and fellow-dancers, but Rudolf\_Nureyev was the one who managed to enthrall millions of ordinary people around the world.

**Sylvie Guillem**...At forty-eight, Sylvie Guillem continues to defy the laws of ballet—and of gravity. Guillem has changed the face of ballet with her extraordinary gifts, which she has always used with intelligence, integrity and sensitivity.

**Vaslav Nijinsky**...was one of the most talented male ballet dancers in history; perhaps even the greatest. Nijinsky was well-known for his amazing ability to defy gravity with his magnificent leaps, and also for his ability of intense characterization.

## Musicians:

**Aretha Franklin**...You know a force from heaven. You know something that God made. And Aretha is a gift from God. When it comes to expressing yourself through song, there is no one who can touch her.

**B.B. King**..."The beauty of B.B. is that the guitar playing is an extension of his voice. He's the embodiment of breaking through and keeping your spirit. There's no bitterness. When he sings, it lifts the spirit of the place."

**Billy Holiday**...Her JAZZ singing was rivalled by only SATCHMO!

**Bob Dylan**...Bob Dylan did what very, very few singers ever do. He changed popular singing.

**Bob Marley**...He was and is REGGAE Music because he spoke about the roots and grooves in a way that transformed the bad into a good and righteous song.

**Carole King**...unrivaled by sheer number of hit compositions, Carole showed us all her soul when she performed her greatest tapestries of song.

**Christina Aguilera**...has had the finesse and power of a blues queen ever since she was a child star.

**David Bowie**...There are singers with a more naturally beautiful voice than David Bowie's dramatic, powdery, British-accented baritone, but nobody else in rock is as gifted at acting in song.

**Duke Ellington**...the jazz giant gentleman who would never allow anything to keep him from succeeding in his own grand way.

**Elvis**...He turned the world on to rhythm and blues which they called rock and roll because he had the god given talent to make us all sit up and take notice!

**Jimi Hendrix**...in short, he was the greatest guitarist, and a true visionary in all of his music.

**Johannes Sebastian Bach**...Bach was a total badass. His name is practically synonymous with Baroque music, and by the turn of the 18th century he had become its master composer.

**John Lennon**...Music's mover and shaker, he brought us all a little ray of hope each time he decided to perform what came out of his heart and soul.

**Louis Armstrong**...The greatest JAZZ musician ever

**Ludwig Van Beethoven**...Considered the best composer of all time, Beethoven challenged authority by refusing to accept the cultural norms of the day.

**Mariah Carey**...Carey is famous for her staggering vocal range — including those ravishing high notes — and power.

**Miles Davis**...Somehow in his more than forty years of recording, Miles Davis never drifted into irrelevancy. He was an intense and spiritual figure who refused to be pigeon-holed by any single style of expression.

**Neil Young**...A truly great folksinger, songwriter- who just happens to know how to rock out with that guitar man!

**Patsy Cline**...She sang with real emotions and let all women of country know what the blues were.

**Paul McCartney**..."The pieces of his music are so elementary, yet the overall thing is so sophisticated. He's such a precise and controlled singer."

**Rod Stewart**...The gravelly crooner who brought so much soul to Seventies rock & roll left school at 15 to go to work as a silk-screener

**Stevie Nicks**...Sheryl Crow calls Stevie Nicks' voice a "combination of sheer vulnerability and power," and Courtney Love swoons over "that ridiculous beautiful tone."

**Whitney Houston**...It is very simple.. Whitney Houston was simply one of a kind, she had it all. Her voice is incomparable, the one and only voice who can reach your soul deep within...

**Willie Nelson**...Willie Nelson's secret ingredient is his unconventional phrasing — something jazz trumpeter Wynton Marsalis has described as "very unpredictable, but it comes out poetic and very logical."

**Wolfgang Amadeus Mozart**...A prolific artist, Austrian composer Wolfgang Mozart created a string of operas, concertos, symphonies and sonatas that profoundly shaped classical music.

## Painters:

**Andy Warhol** (1928-1987) - Brilliant and controversial, Warhol is the leading figure of pop-art and one of the icons of contemporary art.

**Claude Monet** (14 November 1840 – 5 December 1926) - Master of Impressionism. Beautifully color coordinated splurges and specks of tick oil that look great from wherever you stand.

**Dali** (May 11, 1904 – January 23, 1989) - The Spanish master of Surrealism. Representing elements of psychology with his own thoughts and fears in a melty medley of intricate paintings.

**Edvard Munch** (12 December 1863 – 23 January 1944) - A Norwegian Symbolist painter of expressionistic art.

**Francisco de Goya** (1746-1828) - Goya is an enigma. In the whole History of Art few figures are as complex as the artist born in Fuendetodos, Spain. Enterprising and indefinable, a painter with no rival in all his life.

**Frida Kahlo** (July 6, 1907 – July 13, 1954) - The leading lady of Spanish portraiture. Often incorporating her own life and experiences into her works and self portraits. Combining her unique own style with the cultural traditions and identities of her country.

**Gustave Courbet** (1819-1877) – Leading figure of realism, and a clear precedent for the impressionists, Courbet was one of the greatest revolutionaries, both as an artist and as a social-activist, of the history of painting.

**J. M. W. Turner** (23 April 1775– 19 December 1851) -The Master of the oil coloured sun soaked seascapes. Also the undeniable genius of perspective at a time when the concept of it mystified the masses.

**Jackson Pollock** (1912-1956) – The major figure of American Abstract Expressionism, Pollock created his best works, his famous drips, between 1947 and 1950.

**Joan Miró** (1893-1983) – Like most geniuses, Miro is an unclassifiable artist. His interest in the world of the unconscious, those hidden in the depths of the mind, link him with Surrealism, but with a personal style, sometimes closer to Fauvism and Expressionism.

**Marcel Duchamp** (1887-1968) – One of the major figures of Dadaism and a prototype of "total artist", Duchamp is one of the most important and controversial figures of his era.



**Max Ernst** (1891-1976) – Halfway between Surrealism and Dadaism appears Max Ernst, important in both movements. Ernst was a brave artistic explorer .

**Pablo Picasso** (1881-1973) – Picasso is to Art History a giant earthquake with eternal aftermaths. He looked back at the masters and surpassed them all.

**Paul Cézanne** (1839-1906) – While he exhibited with the Impressionist painters, Cézanne left behind the whole group and developed a style of painting never seen so far, which opened the door for the arrival of Cubism and the rest of the vanguards of the twentieth century.

**Rembrandt** (15 July 1606] – 4 October 1669) was a Dutch painter and etcher. He is generally considered one of the greatest painters and printmakers in European art and the most important in Dutch history.

### **Sculptors:**

**Alexander Calder** ... One of the earliest abstract sculptors, he became best known as the inventor of the 'mobile' and the 'stabile' ("line drawings in space"), and thus a pioneer of kinetic art.

**Brancusi**...is one of the seminal figures of 20th-century art with a profound influence on sculpture and design

**Bernini**...set sculpture free from its previous occupation with earthly gravity and intellectual emotion, allowing it to discover a new freedom that permitted it to move, soar, and have a visionary and theatrical quality.

**Donald Judd**...An iconic figure of American abstract sculpture

**Donatello**...Unquestionably the greatest sculptor of the early Renaissance.

**Georgia O'Keeffe**...She excelled in drawing and water colors as well as sculpture.

**James Earle Fraser** ... The American sculptor James Earle Fraser was one of the most foremost portrait sculptors of his generation.

**Jeff Koons**...His first show was staged in 1980, and he emerged onto the art scene with a style that blended several existing styles—pop, conceptual, craft, appropriation—to create his own unique mode of expression.

**Rodin**... Rodin is generally considered the progenitor of modern sculpture,[1] he did not set out to rebel against the past.

### **Writers:**

**Charles Dickens**... 1812. He was an English writer and social critic. He is most notable for his works The Pickwick Papers, Oliver Twist, A Christmas Carol, David Copperfield, Bleak House, Hard Times, A Tale of Two Cities and Great Expectations.

**Ernest Hemingway**...This is another writer that needs no introduction. He had a strong influence on the 20<sup>th</sup> century fiction. This guy won the Nobel Prize in Literature in 1954.

**Fyodor Dostoevsky**... He was a Russian writer, journalist, and philosopher and wrote novels, short stories, and essays.

**George Orwell**... He was an English journalist and novelist and is known for *Homage to Catalonia*, *Animal Farm* and *Nineteen Eighty-Four* essays.

**J.K. Rowling**... She is a British novelist and became famous with her series of seven books by the name of 'Harry Potter'.

**James Joyce**...This is another Irish novelist and poet. He used to write novels, short stories and essays. His works would generally talk about human psychology and the troubled political and social society of the Russian world.

**Oscar Wilde**... In the early 1890s, he became the most famous playwrights in all of London and he is remembered by his plays now.

**Virginia Woolf**...She was an American writer but had a British nationality. Her most famous works include *To the Lighthouse*, *Mrs. Dalloway*, *Orlando: A Biography* and *A Room of One's Own*.

**William Faulkner**... He is an American writer and has written many novels, short stories, essays and screenplays.

**William Shakespeare**...William Shakespeare needs absolutely no introduction at all.

# Brilliant Beings II

- **Acting**
- **Atheletes**
- **Attractive**
- **Business**
- **Comedy**
- **Directing**
- **Healing**

## Acting:

**Angelina Jolie**...is an American actress, filmmaker, and humanitarian

**Anthony Hopkins**...Considered to be one of the greatest living actors.

**Cary Grant**....was an English actor who became an American citizen in 1942. Known for his transatlantic accent, debonair demeanor, and "dashing good looks", Grant is considered one of classic Hollywood's definitive leading men.

**Denzel Washington**...Washington has received much critical acclaim for his film work since the 1990s.

**Elizabeth Taylor**...The American Film Institute named her the seventh greatest female screen legend in 1999.

**Helen Mirren**... is an English actor. Mirren began her acting career with the Royal Shakespeare Company in 1967, and is one of the few performers who have achieved the Triple Crown of Acting.

**Humphrey Bogart**...was an American screen actor whose performances in iconic 1940s films noir such as The Maltese Falcon, Casablanca, and The Big Sleep earned him the legacy of cultural icon.

**Ingrid Bergman**...was a Swedish actress who starred in a variety of European and American films.

**James Dean**...He is a cultural icon of teenage disillusionment and social estrangement, as expressed in the title of his most celebrated film, Rebel Without a Cause

**James Stewart**...an American actor, known for his distinctive drawl and down-to-earth persona.

**John Wayne**...An enduring American icon, for several generations of Americans he epitomized rugged masculinity and is famous for his demeanor, including his distinctive calm voice, walk, and height.

**Johnny Depp**... is an American actor, producer, and musician. He has won the Golden Globe Award and Screen Actors Guild Award for Best Actor.  
Katherine Hepburn

**Julie Andrews**...is an English film and stage actress, singer, author, theatre director and dancer.

**Leonardo DiCaprio**...Since the 2000s, DiCaprio has received critical acclaim for his work in a wide range of film genres.

**Meryl Streep**...is an American actress. A three-time Academy Award winner, she has repeatedly been called the "best actress of her generation".

**Sean Connery**... Connery is best known for portraying the character James Bond, starring in seven Bond films between 1962 and 1983.

**Sir Lawrence Olivier**...was an English actor who, along with his contemporaries Ralph Richardson and John Gielgud, dominated the British stage of the mid-20th century

**Robert De Niro**...is an American actor and producer who has starred in over 100 films.

## Atheletes:

**Babe Ruth**...If any man is the embodiment of his sport, it's the Babe.

**Babe Zaharias**..Golf, basketball, track and field, diving, roller-skating, bowling, pool, sewing... It didn't matter what Zaharias tried, she won at it.

**Billie-Jean King**...Every shrieking tennis brat should tip her hat once a day to Billie-Jean King, for without her, they would be nowhere.

**Carl Lewis**..Larger than life and in full Technicolor, Carl Lewis epitomised the happy, brash attitude of the modern professional era of athletics in the 1980s. A dominant figure in sprinting for a decade

**Colin Meads**...If anyone symbolises the skill and indestructible nature of the best of rugby union, it's Meads. Massively strong and resistant to pain, he is regarded as the best.

**Dawn Fraser**...Claiming the 100m gold medal at three consecutive Olympics and holding a world record for 15 years is an incredible record in any event. But in swimming's blue riband event, it's the stuff of legend.

**Diego Maradona...**Maradona played football out of a dream, a child's fantasy of how football really should be played if only everyone knew how.

**Don Bradman..**The Don. The King. The greatest cricketer of them all and arguably the greatest Australian, too.

**Eddy Merckx...**His nickname "The Cannibal" reflected not just the Belgian's appetite for victory, but the fear he put into rivals for more than a decade.

**Emil Zatopek..**The acme of the modern distance runner was Czech Zatopek, whose dominance and popularity was such that entire crowds would chant his name.

**Haile Gebrselassie...**For a bloke with asthma, the smiling man from Ethiopia did just fine. Even during the past two decades of African dominance of distance running, Gebrselassie stands out.

**Jack Nicklaus...**Before there was Tiger, there was Jack. The American won 18 Majors and was runner-up a further 19 times. Nicklaus owned golf, which wasn't easy to do in the era of Arnold Palmer and Gary Player.

**Jackie Joyner-Kersey...**Voted by Sports Illustrated as the best female athlete of the 20th century, Joyner-Kersey was an American heptathlete and long jumper who dominated the Seoul 1988 and Barcelona '92 Olympics.

**Jackie Robinson...**Difficult as it is to believe now, baseball was a whites-only sport as late as 1945. Robinson was the man who broke that barrier. His life, even to that point, was marked by both athletic brilliance and his refusal to be segregated.

**Janet Evans...**The best female distance swimmer in history. All-American girl Evans harnessed her home-grown windmilling stroke and freakish endurance to create world records that stood for years.

**Jean-Claude Killy...**The Frenchman dwarfs the great names of skiing like Ingemar Stenmark, Alberto Tomba and Hermann Maier because of his feats at the 1968 winter Olympics, where he won gold in the slalom, giant slalom and downhill.

**Jerry Rice...**The San Francisco 49er finished with 1549 receptions, 22,895 receiving yards and 197 touchdown receptions, all records and by a very long way. Three Super Bowl wins are a fitting legacy.

**Jesse Owens...**Owens' career may have been mangled by the usual brew of prejudice and bureaucracy (he finished up racing against horses), but his name echoes down the ages as a once-in-a-generation sprinter, who posted times still respectable today.

**Jim Brown...**His stellar gridiron career with the Cleveland Browns in the 1950s and '60s, during which he set records for rushing, touchdowns and overall yardage and was regularly voted the best ever to play the game.

**Jim Thorpe..**The greatest and most versatile athlete of the 20th century's first half. Born in 1887, school gave the half American Indian the chance to play sport, so he did: all of them.

**Joe Montana...**It was his ability to make clutch plays on demand that elevated "Joe Cool" above the mortals.

**Kelly Slater...**Judging the multi-multi world champ by statistics is very unsurprising. What is very surprising, is the way Slater has won so very much, become a pop culture idol, yet remained cool and grounded.

**Michael Johnson...**For most of the 1990s, the Texan bossed 200m and 400m running with his unusual upright action, often covering the last 75m at a trot he was so far ahead. He had no human rival, and on the days he finally gave everything for the whole race, records were destroyed.

**Michael Jordan...**The prototype of the modern sportsman. Jordan did it all first. Here was the man who turned basketball into the world's street game.

**Michael Phelps... most decorated Olympian and swimmer ever.**

**Michael Schumacher...**The German was a stats machine, who took Ferrari's cars, technical director Ross Brawn's expertise and his own talent and utter determination, and turned F1 into a procession for a decade.

**Muhammad Ali...**As a historic figure, no sports star even comes close.

**Pele...**It's difficult to really grasp the scope of Pele's achievements. He has been described as the conductor that made them play beautiful music

**Rod Laver...**Whiplash placements on the run; viciously sliced volleys, half-volleys transformed on the instant into dying drop shots, beaten but admiring opponents.

**Roger Federer...**After this year's Wimbledon, the world was near unanimous that Federer was the best tennis player ever, full stop.

**Sugar Ray Robinson...**Robinson's amalgam of stamina, speed, resilience, balance, versatility, savvy, rhythm and power kept him at the top of the welterweight and middleweight divisions throughout the 1940s and '50s.

**Tiger Woods...**If Woods retired tomorrow, with fewer Majors and fewer overall wins than Jack Nicklaus, he'd still be the greatest golfer that ever lived.

**Ty Cobb...**If statistics ruled the world (and in baseball, they nearly do), Cobb would be sitting on a throne.

**Usain Bolt...**Regarded as the fastest person ever timed, he is the first man to hold both the 100 metres and 200 metres world records since fully automatic time measurements became mandatory in 1977.

**Wayne Gretzky...**You could say this Canadian is the Pele of ice hockey, except that some people, including us, reckon Maradona was better than Pele, and no serious pundit would ever dare argue that Gretzky had an equal.

**Wilt Chamberlain...**In scoring and rebounding, he was utterly dominant, breaking several records and forcing teams to double- and triple-team him, sometimes illegally. Chamberlain won two NBA titles, and should have won more; never mind: to many followers, he, not Jordan, is still the greatest.

## Attractive:

**Angelina Jolie**...is an American actress, filmmaker, and humanitarian.

**Brad Pitt**...is an American actor and producer. As a public figure, Pitt has been cited as one of the most influential and powerful people in the American entertainment industry, as well as the world's most attractive man, by various media outlets.

**Bradley Cooper**...is an American actor and producer. He has been nominated for four Academy Awards, three for acting and one for producing, and one Tony Award. He was named the "Sexiest Man Alive" by People magazine in 2011.

**Marilyn Monroe**...was an American actress and model. Famous for playing "dumb blonde" characters, she became one of the most popular sex symbols of the 1950s, emblematic of the era's attitudes towards sexuality.

**Marlon Brando**... was an American actor, film director, and activist. He is hailed for bringing a gripping realism to film acting and is often cited as one of the greatest and most influential actors of all time.

**Sophia Loren**...She holds the record for having earned six David di Donatello Awards for Best Actress, the most ever received.

**Robert Downey, Jr.**...is an American actor. His career has included critical and popular success in his youth.

## Business:

**Calvin Klein**...His casual chic style brought American fashion into its own and onto a par with Paris.

**Charles Schwab**... Schwab pioneered the discount brokerage industry and transformed a struggling firm into one of the nation's largest traders.

**David Sarnoff**...David Sarnoff wasn't a scientist, engineer or inventor. Yet he, more than any other individual, was the driving force behind the development of the electronic mass media in the United States.

**Estee Lauder**...Estee Lauder built a cosmetics empire on the motto, "There are no homely women, only careless women."

**Henry Ford**...Ford's innovative vision of mass production would not only produce the first reliable, affordable "automobile for the masses," but would also spark a modern industrial revolution.

**Jeff Bezos**... Fueled by a secret passion for the infant business of electronic retailing, Jeff dreamed of creating his own company in the vast, then virtually uncharted wilds of the World Wide Web.

**Michael Dell**... Following the simple idea that by selling customized personal computer systems directly to customers he could best understand their needs and provide the most effective computing solutions to meet those needs.

**Ray Kroc**... Uniquely adroit at identifying popular trends, Kroc would go on to lay the foundation for the modern fast-food industry and champion the world's No. 1 fast-food chain.

**Russell Simmons**...Russell Simmons didn't invent rap. But he did play a leading role in the music's astonishing success

**Steve Jobs**...Steve Jobs' vision of a "computer for the rest of us" sparked the PC revolution and made Apple an icon of American business.

## Comedy:

**Charlie Chaplin**...was an English comic actor, filmmaker, and composer who rose to fame in the silent era. Chaplin became a worldwide icon through his screen persona "the Tramp" and is considered one of the most important figures in the history of the film industry.

**George Carlin**... was an American stand-up comedian, social critic, actor, and author. Carlin was noted for his black comedy and his thoughts on politics, the English language, psychology, religion, and various taboo subjects.

**Jerry Seinfeld**...is an American comedian, actor, writer, and producer. He is best known for portraying a semifictional version of himself in the sitcom Seinfeld.

**Mel Brooks**...is an American actor, comedian, filmmaker, composer, and songwriter. He is known as a creator of broad film farces and comic parodies.

**Red Skelton**...Skelton believed his life's work was to make people laugh; he wanted to be known as a clown because he defined it as being able to do everything.

**Richard Pryor**...was an American stand-up comedian, social critic, and actor. He is currently listed at Number 1 on Comedy Central's list of all-time greatest stand-up comedians.

**Robin Williams**...Starting as a stand-up comedian in San Francisco and Los Angeles in the mid-1970s, he is credited with leading San Francisco's comedy renaissance

**Sid Caesar**...was an American comic actor and writer, best known for the pioneering 1950s live television series Your Show of Shows, a 90-minute weekly show watched by 60 million people and its successor, Caesar's Hour, both of which influenced later generations of comedians.

## Directing:

**Alfred Hitchcock**...was an English film director and producer,[3] often nicknamed "The Master of Suspense".[4] He pioneered

many elements of the suspense and psychological thriller genres.

**Francis Ford Coppola**...is an American film director, producer and screenwriter. He was part of the New Hollywood wave of filmmaking.

**George Lucas**...Lucas is one of the American film industry's most financially successful filmmakers, and has been personally nominated for four Academy Awards. He is also considered a significant figure in the New Hollywood era.

**John Ford**...In a career that spanned more than 50 years, Ford directed more than 140 films and is widely regarded as one of the most important and influential film-makers of his generation.

**Martin Scorsese**...Part of the New Hollywood wave of filmmaking, he is widely regarded as one of the most significant and influential filmmakers in cinema history.

**Sam Peckinpah**...He was known for the visually innovative and explicit depiction of action and violence as well as his revisionist approach to the Western genre.

**Steven Spielberg**...is considered as one of the founding pioneers of the New Hollywood era, as well as being viewed as one of the most popular directors and producers in film history.

**Quentin Tarantino**...is an American filmmaker and actor. His films are characterized by non-linear storylines, satirical subject matter, an aestheticization of violence, utilization of ensemble casts consisting of established and lesser-known performers, references to pop culture, soundtracks primarily containing songs and score pieces from the 1960s to the 1980s, and features of neo-noir film.

## **Healing:**

**Daniel David Palmer**...Founder of Chiropractic Medicine. In 1896 Daniel David Palmer established the Palmer School of Magnetic Cure. His school was later named Palmer School of Chiropractic (now known as Palmer College of Chiropractic).

**Dr. Edward Bach**... was a British physician, homeopath, bacteriologist and spiritual writer, best known for developing a range of remedies called the Bach flower remedies, a form of alternative medicine inspired by classical homeopathic traditions

**Dr. John R. Christopher**... known popularly as "Dr. Christopher" was one of very few nationally prominent doctors of herbal medicine of the middle third of the 20th century, a "dark ages" of herbalism and was responsible for the herbal renaissance of the 1960s.

**Edd Edwards**...Since he was a child, Edd has had the ability to broadcast his powerful energy to activate the healing mechanism within people's bodies.

**Edgar Cayce**... throughout his life, he displayed one of the most remarkable psychic talents of all time.

**Hanna Kroeger**... Hanna Kroeger was unconventional, to say the least, and so is her work. She was brilliant, however, and so is her life's work, which drove this eighty-something- year-old German immigrant at an inexhaustible pace. Her accomplishments in the field of health care are astounding and she is recognized worldwide as a master healer.